

Vegan Cheese

Ingredients:

- 3 ½ cups cooking water
- 1 cup onion, cut in chunks
- 1 2/3 cups raw chopped carrots
- ½ cup raw cashews
- 1 ½ cups raw chopped potatoes
- 1 ¾ teaspoon salt

Step 1 – Combine carrots, potatoes, onion, and cooking water in a pan. Cook until tender 15-20 minutes. Blend these vegetables together in a blender with cashews and salt for 1-2 minutes until very smooth. Note: the cashews must be smooth.